

Resource Guide 08/17/06

MENTAL HEALTH AND CHEMICAL DEPENDENCY HOTLINE 1-800-826-1306
SUICIDE PREVENTION HOTLINE 1-800-826-1306 OR 1-800-273-TALK
NATIONAL YOUTH CRISIS HOTLINE 1-800-448-4663
FIRST CALL FOR HELP (419) 334-2720

COUNSELING AGENCIES

Albert SanGregory, LISW

521 N. Sandusky St.
Bellevue, Oh 44811
(419)483-6086

Anchor Counseling

3900 Laylin Rd. Suite A
Norwalk, OH 44857
(419) 663-2657

—Individual, Marriage & Relationship Counseling
—Christian Based Counseling

Associated Bay Area Counselors

**Medicare & Medicaid accepted*
**Discounts for cash payments*

1319 Hull Rd.
Sandusky, OH 44870
(419) 625-1686

—Licensed Social Worker on staff that works well
with teens.

Association for Private Counseling

501 W. Perkins Ave.
Sandusky, OH 44870
(419) 621-8551

Bayshore Counseling Center

**Medicaid accepted*
**Sliding fee for Erie & Ottawa County*

1218 Cleveland Rd.
Sandusky, OH 44870
(419) 626-9156

—Outpatient, Individual, Family, Child Counseling

Children's Safe Harbor at the Toledo

Children's Hospital

2109 Hughes Dr.— Jobst Tower, Suite 640
Toledo, OH
(419) 291-8892

—Outpatient

—Assessment, Therapy (individual & family) and Medication
Management Services for Patients age 3-18
—Psychiatry, Chemical Dependency and Dual
Diagnosis services also provided

Catholic Charities (3)

****Sliding Fee Scale***

1.) ***Fremont Office (Spanish Speaking)***
926 Croghan St.
Fremont, OH 43420
(419) 334-5061 or 1-800-979-0002

2.) ***Norwalk Office***
55 East Main Street
Norwalk, OH 44857
(419) 668-3073 or 1-800-668-3110

3.) ***Sandusky Office***
415 Central Avenue
Sandusky, OH 44870
1-800-668-3110

Christian Counseling Center

****Sliding Fee Scale***

300 Melmore St.
Tiffin, OH 44883
(419) 447-8111

Cornerstone Psychological Associates

****NO Medicaid***

817 Kilbourne St., Suite G
Bellevue, OH 44811
(419) 483-9411 (Bellevue)
(419) 778-3356 (Ashland)
(419) 621-9331 (Sandusky)
(419) 448-4094 (Tiffin)

—Outpatient, Individual, Martial, Adult, Child, and
Family Counseling

Firelands Counseling and Recovery Service (7)

****Sliding Fee Schedule***

****Medicaid accepted***

1.) ***Bellevue Office***
1400 W. Main St., Bldg. #1, Suite E
Bellevue, OH 44811
(419) 483-6516 or 1-888-739-6052

2.) ***Fostoria Office***
301 S. Main St.
Fostoria, OH 44830
(419) 435-0204

COUNSELING AGENCIES—CON'T

Firelands Counseling and Recovery - Con't

- 3.) ***Fremont Office (Spanish Interpreter)***
675 Bartson Rd.
Fremont, OH 43420
(419) 332-5524 or 1-888-332-5529
- 4.) ***Norwalk Office***
292 Benedict Ave.
Norwalk, OH 44857
(419) 663-3737 or 1-800-242-5393
- 5.) ***Sandusky Office***
2020 Hayes Ave.
Sandusky, OH 44870
(419) 627-5177 or 1-800-342-5177
- 6.) ***Tiffin Office***
76 Ashwood Rd.
Tiffin, OH 44883
(419) 448-9440 or 1-888-448-9445
- 7.) ***Upper Sandusky Office***
132 E. Wyandot Ave.
Upper Sandusky, OH 43351
(419) 294-4388

First Call For Help

103 S. Front St.
Fremont, OH 43420
(419) 334-2720
—24 Hour Hotline
—9:00-5:00 walk-in service
—Serves as listening post and
information and referral service.

Focus Health Care of Ohio

(formerly Charter Hospital) (NO CHILDREN)
****Sliding Fee Scale***
****Medicaid accepted***
1725 Timer Line Road
Maumee, OH 43537
(419) 891-9333 or 1-800-547-5695
—Substance abuse & Mental Health
—Inpatient; Partial Hospitalization

Fremont Memorial Hospital Mental Services

****Financial assistance offered through Patient Assistance Fund at the hospital***
****Medicare & Medicaid accepted***
715 S. Taft Ave.
Fremont, OH 43420
(419) 334-6619
—Outpatient and Inpatient
—ADD/ADHA, Eating Disorders, Gay/Lesbian Issues & Chemical Dependency (Spanish Speaking Available)

The Giving Tree (2)

****Sliding Fee Scale for Erie & Ottawa County only***
—Outpatient; Individual, Marital, Christian, Adult, Child, Family & Substance Abuse Counseling

Groups: Sexual offenses and Domestic Abuse
(1-888-734-2942)

1.) ***Port Clinton Office***
335 Buckeye Blvd.
Port Clinton, OH 43452
(419) 734-2942 or 1-800-734-2942

2.) ***Oak Harbor Office***
11969 SR 105
Oak Harbor, OH 43440
(419) 898-0077

Harbor Behavioral & Health Care

****Insurance Coverage for Whirlpool Employees***
212 S. Park Ave.
Fremont, OH 43420
(419) 332-0491

Healing Trails

****Sliding Fee Scale***
****Medicaid accepted***
4317 1/2 SR 269
Castalia, OH 44824
(419) 684-9750
Fax: (419) 684-9760
—Integrative Therapy; Body, Mind, Spirit, Nature

COUNSELING AGENCIES—CON'T

Hospice (2)

****Free Grief Counseling***

1) Hospice of Memorial Hospital

—CHILDREN PROGRAMS
430 S. Main St.
Clyde, OH 43410
(419) 547-6419

2) Stein Hospice

—TEEN & CHILDREN PROGRAMS
1200 Sycamore Line
Sandusky, OH 44870
1-800-625-5269
Fax: (419) 625-5761

Key Counseling

****NO Medicaid***

Dr. Jill Fox
1200 Dixie Hwy.
Rossford, OH 43460
(419) 662-5555

Lakeshore Treatment Center

15 Old Village Rd., Suite A
Norwalk, OH 44857
(419) 660-0533 or 1-800-677-1633
—Outpatient; Individual, Marital, Family, Child,
and Adult Counseling

Laurelwood Hospital and Counseling Centers

Cleveland, Ohio
1-800-GET HOPE (438-4673)
—Adult and adolescent; outpatient, inpatient, and
partial hospitalization

Lutheran Social Services of Ohio

****Sliding Fee Scale***

****Medicaid accepted***

512 E. State St.
Fremont, OH 43420
(419) 334-3431
—Teen Intervention for ages 13-19
—Anger Management services provided
—Individual, Group & Drug/Alcohol Counseling

Medical University of

Ohio at Toledo

(formerly: *Medical College
of Ohio (MCO) Hospital*)

****Medicaid accepted***

Kobacher Center
3130 Glendale Ave.
Toledo, OH 43614
(419) 383-3815
Fax: (419) 383-5473
—Inpatient and Outpatient Psychiatric
—Outpatient & Partial Hospitalization for Children ages 3-17

Mercy Hospital Rehab and Wellness Center

****NO Medicaid***

Dr. Jill Fox
1510 Conwell Ave.
Willard, OH 44890
(419) 964-5700 or 1-800-833-2931
—Inpatient and partial hospitalization
—Sexual Abuse and Outpatient Counseling

Northern Ohio Psychological Services

1717 East Perkins Ave.
Sandusky, OH 44870
(419) 624-1277
Chealynne Baus, psychologist
—Children
Rob Alford, counselor—specializes in drug abuse
—Adults

Norwalk Counseling Services

85 Benedict Ave., Suite 100
Norwalk, OH 44857
(419) 668-9375
—Outpatient Counseling
—**Flo Dyer, LSW**—specializes in children & their families
—**Neil Sass, M.S.**—specializes in adolescents & their families

Path Choices Counseling Associates

158 East Market St.
Sandusky, OH 44870
(419) 621-7333

Psychological Associates

****NO Medicaid***

Dr. John Stratton, psychologist
1031 Pierce St. Suite S
Sandusky, OH 44870
(419) 625-4334

—Outpatient, Family, Individual, and Marriage Counseling
—Eating Disorders, Anxiety/Panic Disorders,

COUNSELING AGENCIES—CON'T

Talbot Center-Chemical Dependency Center

732 Main St.
Toledo, Ohio 43605
(419) 693-6099
—Outpatient/Adolescent

Toledo Hospital-Adolescent Behavioral Medicine

—Short-term Crisis Center
—Psychiatric Assessment
(419) 291-8892

Toledo Center For Eating Disorders

River Center Clinic

**Sliding Fee Scale*

**NO Medicaid*

5565 Main St.
Sylvania, OH 43560
(419) 885-8800
—Inpatient, Outpatient & Partial Hospitalization
—Individual, Group, Anxiety, Depression Counseling.
—ADD Testing
—Specializes in complete treatment of anorexia,
bulimia, and compulsive overeating

Wayne Morse Ph. D & Associates

24 W Market St.
Tiffin, Ohio 44883
(419)-448-4094

PSYCHIATRIC REFERRALS

Dr. Ammons (Adults only, Holland/Toledo) (419) 86-8232
Dr. Nancy Carrol (Perrysburg) (419) 874-0274
Dr. Patrick Corp (child psychologist-Toledo)
(419) 866-7700
Dr. Bob Daniels (Sandusky) (419) 626-8226
Dr. Cynthia Evans (Mental Health Services-Fremont)
(419) 334-6619
Dr. Jill Fox (Perrysburg/Willard) (419) 662-5555
Dr. Alma Hana (Avon Lake) (440) 930-2002
Dr. Mike Hottois (Child Psychiatrist with Firelands-
Fremont) (419) 332-5524
Dr. Catherine Holladay (Sandusky) (419) 624-8330
Dr. Lynn Klimo (Fremont) (419) 334-6619
Dr. Rao Lalitha (Tiffin) (419) 447-9993
Dr. Han Lee (Adults Only, Sandusky) (419) 626-8679

Dr. Ih Foo Lin (Adults Only, Sandusky) 419-626-1618
Dr. Carlos Lowell (Sandusky) (419) 627-9289
(Norwalk) (419) 627-9289

Dr. Eileen McGee (Psychiatrist/Pediatrician, Firelands)
1-800-342-1177 (her specialty is with children)

Dr. Oleary (Firelands-Fremont) (419) 332-5524
(works well with children)

Dr. SanJan R. Parikah (Neurologist, Elyria)
(419) 323-6422

Dr. Wynkoop, Neuropsychology 419-868-9335 (fax)

COMMUNITY PROGRAMS

Alcoholics Anonymous (AA)

- 1.) *First United Methodist Church*
901 Northwest St.
Bellevue, OH 44811
(419) 483-4260
—Meetings: *Thursdays - 8 p.m.*
- 2.) *AA Sandusky*
1501 Milan Rd., Suite 2
Sandusky, OH 44870
1-888-683-9768

Alanon

- 1.) *St. Paul's Episcopal Church*
W. Maian & Atwood Terrace
Bellevue, OH 44811
(419) 483-4628
—Meetings: *Fridays - 8:00 p.m.*
- 2.) *First Presbyterian Church*
Corner of Park & Garrison St.
Fremont, OH 43420
—Meetings: *Sundays - 8:00 p.m.*
- 3.) *Norwalk First United Methodist Church*
60 W. Main St.
Norwalk, OH 44857
(419) 668-1938
—Meetings: *Tuesdays - 8: p.m.*

COMMUNITY PROGRAMS CONT

Big Brothers and Big Sisters (3)

—Children 6-16

**NO FEE CHARGED*

- 1.) **Youth Program at the Tiffin YMCA**
180 Summit St.
Tiffin, OH 44883
Director: Gary Miller

- 2.) **For Erie County**
904 W. Washington St.
Sandusky, OH 44870
(419) 626-8694
Fax: (419) 626-8695

- 3.) **ROY (Reach Our Youth Mentoring Program)**
CASA (Child's Voice in Court)
(This is the Big Brother/Big Sister Program
for Huron County)
2 E. Main St.
Norwalk, OH 44857
(419) 663-2525 ext. 238
Director: Kathy Koftz
—One-on-One mentoring program for ages 6-18

Compassionate Friends

PO Box 3696
Oak Brook, IL 60522-3696
1-877-969-0010
Local Member Judy Jones (419)547-7039
—Bereaved Families

Connecting Point Assistance Center

**Sliding Fee Scale*
**Medicare accepted*
1212 Cherry Street
Toledo, OH 43608
(419) 243-1001
(419) 243-6326 — 24 Hour Hotline
—Mental Health Agency
—Crisis intervention for runaways & independent living programs

SERRC (Northwest Ohio Special Education Resource Center)

10142 Dowling Rd.
Bowling Green, 43402
1-800-346-8495
www.nwoserrc.k12.oh.us

SERRC (Northern Ohio Special Education Resource Center)

1230 Beechview Dr., Suite 100
Vermillion, OH 44089
(440) 967-8355
FAX: (440) 967-8349
—Resource library available for parents to check out video, games, books
—Offer speech, hearing & psychological testing
—Parent Advisory Committee
(Support Group-monthly)

Hospice Of Memorial Hospital

430 S. Main St.
Clyde, OH 43410
(419) 547-6419
—Offers the "Butterfly Patrol" - a grief group for children ages 5-15

Stein Hospice

*Teen & Children's Programs
1200 Sycamore Line
Sandusky, OH 44870
1-800-625-5269

Shelters

Battered Women's Shelter

1018 Jefferson St. YMCA
Toledo, OH 43608
(419) 241-3235

First Step Shelter

P.O. Box 1103
Fostoria, OH 44830
(419) 435-7300 or 1-800-466-6228
—Crisis Intervention, Case Management, Legal Assistance

Liberty Shelter

605 Tiffin St.
Fremont, OH 43420
(419) 332-8777
—Homeless Shelter/Case Management
Women, Men and Women with Children

Rescue Mental Health Services & Shelter

3350 Collingwood Blvd.
Toledo, OH 43610
(419) 255-9585

SHELTERS—CONT

Safe Harbour Domestic Violence Shelter

P.O. Box 2616
Sandusky, OH 44870
(419) 626-2200 or 1-800-953-2207
—24 Hour Hotline, Support Groups
—Shelter for Erie Huron & Ottawa Counties

The Shelter

P.O. Box 1524
Mansfield, OH 44901
(419) 774-5849
1-800-931-SAFE (7233)

Departments Of Job & Family Services

Erie County Dept. of Job & Family Services

221 W. Parish St.
Sandusky, OH 44870
(419) 626-6781

Huron County Dept. of Job & Family Services

185 Shady Lane Dr.
Huron, OH 44857
(419) 668-8126 or 1-800-668-5175

Sandusky County Dept. of Job & Family Services

**Health Care Coverage (form of Medicaid)*

2511 Countryside Dr.
Fremont, OH 43420
(419) 334-8708—Abuse and Neglect
(419) 334-3891—Healthy Start/Healthy Families

Seneca County Dept. of Job & Family Services

3362 S. Township Rd. 151
Tiffin, OH 44883
(419) 447-5011 or 1-800-852-5011

Assistance To Needy Families

Clyde Food Pantry (4)

WSOS

- 1.) *Child Development Staff Office*
103 N. Main St.
Clyde, OH 43410
(419) 547-6730 or (419) 547-0425
—Behind the Clyde EMS Station
—Tuesday 9 am — 12 pm; Thursday 6 pm — 8 pm
Third Wed. of each month 12 pm — 3 pm
- 2.) *Child Development Program*
109 S. Front St.
Fremont, OH 43420
(419) 334-8911
—Heating Assistance
—Weatherization Program
- 3.) *Child Development Program*
800 Monroe St.
Bellevue, OH 44811
(419) 483-6605
- 4.) *Family Development*
103 N. Main St.
Clyde, OH 43410
(419) 547-7570